



Risk management

You can help stop yourself and your work mates being injured by following these steps:

- ✘ **Step 1:** Spot any problems before you start work.
- ✘ **Step 2:** Fix the problem if you can and check later to see if the fix worked or caused new problems.
- ✘ **Step 3:** If you can't fix it - try and understand what makes it a problem.

For example:

- Is it the clutter in the work area?
- Is it the windy and wet weather?
- Is it all the obstacles in the pathways you need follow?
- Is it lack of manual handling aids?
- Is it the lack of properly maintained equipment, for example, flat tyres on the wheel barrow?
- Are the pipes too awkward and heavy to be lifted?
- Is there a lot of bending, twisting, crouching or working above your head?

- ✘ **Step 4:** Report the problems to the site supervisor or your boss so they can sort it out and see if your work mates have any ideas on how to fix it.

