



Unhealthy Workplace Behaviour (eg conflict, bullying)

What you can do about it

Step 1

Talk to the person

- Tell the person/s what specific behaviours are affecting you and
- You want the person/s to stop

Step 2

Report it in writing

If the behaviours continue lodge a report with your employer

- Follow your employer's procedure (if available)
- State the behaviours of concern
- State the effect on yourself including your health
- State what action you would prefer e.g. mediation, investigation

Step 3

Follow up after two weeks

If you have not received a response from your employer since submitting your report, ask them for an update

Step 4

Research your external resolution options

Including:

- WA Police complaint – [Report a Crime](#)
- Fair Work Commission - [Anti-bullying](#)
- WorkSafe WA – [Unhealthy Workplace Behaviour Enquiry](#)
- [Equal Opportunity Commission](#)

Remember

Support is always available
e.g. talk to a friend, your
doctor or a counsellor, or an
advocate