Guidance on driver fitness for duty:

- A driver is required to present him or herself in a fit state for duty taking into account any other work he or she has done;
- A driver must not be impaired by alcohol or drug use;
- A driver should be in a fit state to perform the work while working;
- Develop a written policy on fitness for duty in consultation with employees and unions;
- Provide an appropriate truck sleeper berth if drivers will need to sleep in the vehicle;
- Require regular assessment of a driver’s health by a suitably qualified medical practitioner;
- Ensure that the medical assessment includes consideration of sleep disorders and other fatigue-related conditions;
- Identify health problems that affect the ability to work safely, eg diabetes;
- Advise of appropriate employee assistance programs if necessary and practicable;
- Provide drivers with information and assistance to promote management of their health;
- Provide a working environment that meets appropriate Australian standards for seating and sleeping accommodation; and
- Provide vehicles and other accommodation with suitable facilities for rest.