



electricians

Ladders



CARRYING

- Use a light weight industrial ladder suitable for electrical work.
- Use ladder rollers on your vehicle.
- Carry only the ladder.
- Ensure your path is not obstructed.
- Have someone assist you if required.

USING LADDERS

- Use a ladder appropriate to electrical work.
- Use a well fitted toolbelt to minimise getting up and down the ladder.
- Maintain three points of contact when climbing up and down the ladder.
- Follow the manufacturer's instructions on the ladder.
- Step off the ladder carefully to minimise jarring to your knees, back and ankles.
- When appropriate have someone pass items to you.



For more information check out the WorkSafe website:
www.dmirs.wa.gov.au/worksafe/manual-tasks