

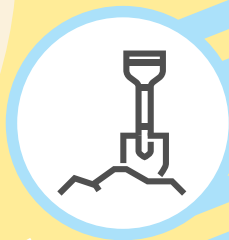


## electricians

### Site preparation

### Risk control for digging

Before applying a new risk control, review its use to ensure it does not introduce new risks during the tasks.



- Use an excavator or skid steer loader whenever possible.
- Use trench digging shovels or crow bars for loosening ground.
- Use jack hammers or picks to break up hard surfaces.
- Use shock absorbing handles on tools.
- Use long and short handled shovels where appropriate.
- Use the correct digging technique e.g. minimise twisting, use a step stance.
- Rotate between heavy tasks and light tasks.
- Alternate digging with a work mate.



For more information check out the WorkSafe website:  
[www.dmirs.wa.gov.au/worksafe/manual-tasks](http://www.dmirs.wa.gov.au/worksafe/manual-tasks)