



Risk control

Eliminate the Task

If a manual task is not necessary, then the task should stop being done, removing the hazard and the risk of injury.

Modify the Task

Modifying a manual task may require changes to the work and should be aimed at reducing risk factors such as:

- actions and postures;
- forces and loads;
- vibration;
- the working environment; and
- systems of work.

How can this be done?

- **Redesigning** the work area and layout the nature of items, equipment and tools.
- ▼ **Modifying** the nature of the load.
- ▽ **Altering** the working environment.
- ▨ **Substituting** systems of work, work organisation, work practices.



Administrative Controls

- Providing information, training and supervision.
- Development of policies and procedures or safe work method statements.
- Personal protective equipment (knee/shoulder pads).
- Risk management training.
- Task specific training.