



Working at heights

safety checklist

Check	yes	no	n/a
Risk assessment and control measures			
Have potential or existing hazards been identified and the risks assessed of anyone falling from heights?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have alternative ways of carrying out the work been considered?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have all practical steps been taken to prevent falls?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is the ladder appropriate for the task or would another device such as a platform ladder/ scaffold/elevated work platform be more appropriate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Can three points of contact be maintained when using a ladder?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are fall injury prevention systems required and in place?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In setting up a fall injury prevention systems is it inspected to ensure sharp edges, pinch points and sources of heat, which could damage the system are identified and rectified?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has it been assessed whether a fall will be arrested before hitting the ground/other structure?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has equipment, anchorage points and access methods been <ul style="list-style-type: none"> • inspected; • rated; and • are appropriate for the load? 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is there a risk of falling objects striking people below?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are controls required?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is a rescue plan required and in place?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are the weather conditions appropriate for the work being carried out?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are the workers competent for the task?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Safe access and egress			
Has the scaffold been tagged and inspected?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are walkways in good condition and free from obstructions?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Information, instruction and training			
Have you been vigilant in ensuring that safe work practices are in place?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Other information

WorkSafe www.worksafe.wa.gov.au

Legislation

- The Occupational Safety and Health Regulations 1996

Code of practice

- Prevention of falls

Guidance note

- Fall prevention for scaffolders